

ACTION FOR SELF RELIANCE AND ALTERNATIVES

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#### HIGHLIGHTS from Global & Local Collaborations: Visits

## Comprehensive Impact: ASRA's Diverse Initiatives

- CBR Program
- AIRTC Special School
- ARTC: Head Office
- Additional Activities

# **01** Community Based Rehabilitation

- 1.1 Education Program
- 1.2 Vocational Training Program
  - a) Cutting and Tailoring Course
  - b) Computer Training Course
  - c) Mobile Repairing Course
- **1.3** Social Mapping of beneficiaries in CBR, AIRTC & ARTC
- 1.4 Seed Loan Program
- **1.5** Psychometric Assessment & Psychotherapy (under Mental Health Project)

**02** AIRTC : ASRA Special School for children with special needs

# 03

## Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

- a) Assessment Clinic
- b) Physiotherapy Unit
- c) Speech Therapy Unit
- d) Occupational Therapy Unit

# 04

## **Vocational Trainings at ARTC**

- a) Cutting and Tailoring Course
- b) Beauty Culture Course
- c) Computer Training Course

# 05

Handicraft Emporium

06

**Accounts & Administration Units** 

**07** Digitalisation of ASRA



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# **COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES**



## Community Based Rehabilitation : CBR (Covered 68 communities since 1992)

- 1. Awareness creation about prevention of disabilities & need for intervention
- 2. Referral Services for PwDs : Social Mapping & Delivery of benefits
- 3. Online Apply for Government benefits
- 4. Skill Development Trainings
  - Computer Course at Pappankalan & Hoshiyarpur, Noida community
  - Mobile Repairing Training course at Shiv Vihar communities
  - Cutting and Tailoring course at at Shiv Vihar, Jwalapuri & Nangli Dairy community

#### 5. Education Program

- Shiv Vihar Centre
- Pappankalan Centre
- Jwala Puri Centre
- Dwarka Sec-1 Centre
- Nanhe Park Centre
- Hoshiyarpur, NOIDA Centre
- Dwarka Sec-16 Centre
- TC-Camp Centre
- Nangli Dairy Centre
- Majnu Ka Tila Centre
- Kirbi Place Centre

#### 6. Medical Intervention & Therapeutic services

- Assessment by Orthopedic Surgeon
- Physiotherapy
- Speech Therapy
- Prosthetic & Orthotic Appliances
- 7. Seed Loan Program
- 8. Distribution of five kits Program

#### 9. New Initiative

- Mental Health Project

## ASRA Intervention, Recreation & Therapy Centre : AIRTC ASRA SPECIAL SCHOOL

- 1. Special Education
- 2. Yoga & Personal Development
- 3. Play Way Method
- 4. Dance & Music
- 5. Art & Craft Activities
- 6. Pre-Vocational Skills
- 7. Social Skills
- 8. Medical Intervention & Therapeutic Services
  - Physiotherapy
  - Occupational Therapy
  - Speech Therapy
- 9. Sensory & Motor Development Skills
- 10. Sensory Integration
- 11. Counselling & Mental Health
- 12. Activity of Daily Living (ADL)
- 13. Distribution of five kits Program
- 14. Online Apply for Government benefits
- 15. Psychotherapy sessions available by experts on request & on doctor's recommendation

# ASRA Rehabilitation and Training Centre: ARTC (THE HEAD OFFICE)

#### 1. Medical Intervention & Therapeutic services

- Assessment by Orthopedic Surgeon
- Physiotherapy Unit
- Speech Therapy Unit
- Prosthetic & Orthotic Appliances Workshop

#### 2. Skill Development Trainings

- Cutting & Tailoring courses
- Beauty Culture course
- Nail Extension course
- Computer training courses

#### 3. Haat

- 4. Handicraft Emporium
- 5. Additional Activities



# HIGHLIGHTS FROM GLOBAL & LOCAL COLLABORATIONS Visits

On **19<sup>th</sup> July'2024**, ASRA was honored by a visit from **Ms. Tina Zimmereli** from Switzerland, further strengthening collaboration. Ms. Tina Zimmereli was welcomed by the Founder, President, ASRA India and the team. During her visit, she visited Pappankalan, Nanhe Park & Shiv Vihar communities and interacted with the ASRA teachers, trainers, medical practitioners & beneficiaries of ASRA.

**Dr. Meenu Anand** from Delhi School of Social Work, University of Delhi visited ASRA Head Office on **22<sup>nd</sup> August 2024** regarding placement of students pursuing masters in social work from DSSW.

# **MS. TINA ZIMMERELI**

"After a very warm welcome here at ASRA and visiting all the facilities and meet people that help here, I can say that I am impressed! Thank you for doing what you do and for the possibility of my visit, it was a interesting and wonderful experience. I hope I can support ASRA in the future and wish you all the best!"







# HIGHLIGHTS FROM GLOBAL & LOCAL COLLABORATIONS ASRA's Activities



#### COMMUNITY BASED REHABILITATION PROGRAM

# Under the CBR Program, ASRA extended its services to 842+ beneficiaries spread over 11 communities. The present staff strengths under CBR program is 22

- Medical Intervention & therapeutic Services were provided to over 253 beneficiaries
- Under CBR Education program: 220 children are learning education out of which there are 27 CwDs.
- Under Vocational Trainings Program: 60 students are getting vocational trainings.
- Seed Loan Program: 02 beneficiaries received Seed Loan & 03 more have been identified.
- Online applications were applied for: over **39** C/PwDs.
- Beneficiaries covered under psychometric assessment & psychotherapy project: over 175 C/PwDs
- Beneficiaries who were provided with skills development training in Art & Craft & Artificial Jewellry Making 93 beneficiaries in 9 communities

#### **AIRTC SPECIAL SCHOOL**

#### The present staff strength under AIRTC Special School is 07

- During the quarter under report, activities were organized in AIRTC Special School for **17 children** enrolled in it by special educators / trainers. These activities were designed as per the interests and capabilities of the students.
- Computer Learning was introduced for 03 students of ASRA Special School
- An interactive session was conducted by AIRTC Head & Special Educators with the teachers and staff of the CBR Programs on 31<sup>st</sup> July 2024 at Pappankalan communityt

#### **ARTC HEAD OFFICE**

- ASRA's Vocational Training Unit has introduced following two new courses:

S. No.	Name of Vocational Training Unit	Name of Course	Duration of Course
01	Beauty Culture Unit	Nail Extension Course	2 Months
02	Computer Training Unit	Advance Excel, Python, SQL, Networking & Information Security, DSA, in C++ & Busy	2-6 Months



#### **ADDITIONAL ACTIVITIES**

 Mr. Sachin Vajpayee, Age-28 years, who is physically challenged, received Tricycle from ASRA.



# ASRA PRESIDENT DR. ANDREAS HÜNERWADEL

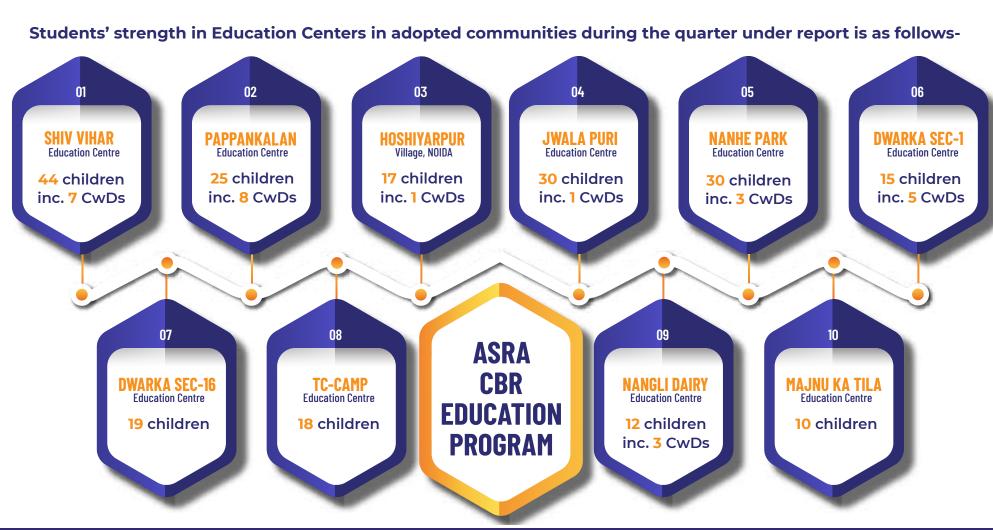




Dr. Andreas Hünerwadel is the President of ASRA, a position he has held for over 10 years. A lawyer by profession and a partner at Wenger & Vieli in Zurich, he was born in 1964 in Küsnacht, Switzerland. With a passion for giving back, especially to children who have faced less fortunate circumstances, Dr. Hünerwadel's involvement with ASRA stems from his own gratitude for his family's privileges in Switzerland. Over the past 35 years, he has witnessed India's progress and has played a key role in ASRA's expansion from supporting just 2 communities to now serving 70. As a visionary leader, he believes in helping a community fulfill its needs before moving on to support the next one, ensuring that his work continues to uplift those in need in India.

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## **EMPOWERING THE NEXT GENERATION**

Three New Education Centres were opened in ASRA's adopted slum communities

- TC-Camp with 18 students from 1st August 2024
- Nangli Dairy with 12 students from 1st August 2024
- Majnu Ka Tila with 10 students from 2nd September 2024

# 01 COMMUNITY BASED REHABILITATION Education Program



#### **1.2.3 MOBILE REPAIRING COURSE**

New batch of needy students from lower economic strata were enrolled in the course from Shiv Vihar community during the quarter under report.

06 students have been enrolled in the course and training is in progress with regular classes.

**1.2.1 CUTTING & TAILORING COURSE** 

The course is conducted at CBR Project Office in Pappankalan & Hoshiyarpur, Noida community.

Regular classes are being conducted in all centres where 35 students are pursuing their course.

Ms. Asha, person with disability & resident of Pappankalan, the community's computer teacher.

19 students have been enrolled during the quarter under report.

**COMMUNITY BASED REHABILITATION** 

New Tailoring Centre at Nangli Dairy with 12 students from 1st August 2024

Shiv Vihar & Jwalapuri communities continued with 23 students

**Vocational Training Program** 





**1.2.2 COMPUTER COURSE** 

# 01 COMMUNITY BASED REHABILITATION Social Mapping Of Beneficiaries in CBR, AIRTC and ARTC



Social Mapping of children/persons with disabilities in CBR, AIRTC Special School & ARTC is being done with an objective to do their socio-economic assessment eventually leading towards their inclusion in society. Simultaneously, online applications were continuously filled by ASRA CBR Team, for those, who were uneducated, or ignorant of how to apply through online process to avail Government facilities.

#### During the quarter under report, ASRA CBR Team applied online for Government facilities for 39 C/PwDs



Disability Certificate (DC)E-ticket Card

- Unique Disability IDentity Card (UDID)
- Disability Pension





Dr. Sunita Kumari, holds a PhD in Management and Labour Studies from Tata Institute of Social Sciences, Mumbai. She has been the Erasmus Mundus Fellow at University of Milan, Italy. Dr. Kumari has been part of impactful projects with the Ministry of Youth Affairs, TATA Steel, American India Foundation Trust and SEWA, where her focus largely rest on qualitative research and community engagement. Her work is published in the journals like Economic and Political Weekly, Indian Journal of Sustainable Development reflecting her deep involvement in discussions on social and economic inequalities.

#### daughter Bhagyashree, who is differently abled, thrives in the supportive environment at ASRA, where she

receives the education and care she needs.

SARITA AND BHAGYASHREE

Sarita Sharan is a dedicated mother who has been part

of the ASRA community for 10 years. Through ASRA's

seed loan program, Sarita has been able to create a

stable and promising future for her family. Her

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The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income.

During the quarter under report, 2 PwD beneficiaries received Seed Loan. The total number of beneficiaries under Seed Loan program is now 145.





# **BANTI LAL**

Banti Lal, a 40-year-old man with an orthopedic disability (OH), had always faced struggles in finding stable work to support his family. Living in Dwarka Sector-01, he found limited opportunities. However, his determination to be self-reliant never wavered. Through ASRA's Community-Based Rehabilitation (CBR) program, Banti received a seed loan on July 29, 2024, to purchase a Juki tailoring machine.



# **COMMUNITY BASED REHABILITATION** Psychometric Assessment & Psychotherapy (Under Mental Health Project)



Simultaneously, individual / group counseling is provided to them and their family members, which is aimed towards inducting & training them in **Activity of Daily Living (ADL)**. Based on the capabilities and interest of the beneficiaries suitable and appropriate vocational and social skill training is also imparted to the beneficiaries.

S. No.	Community Name	Screening, Assessment, Parents Counseling & Parents training	Vocational & Social Skill training
1	Pappankalan	44	35
2	Nangli Dairy	28	03
3	Shiv Vihar	19	18
4	Dwarka Sec-16	19	04
5	Jwala Puri	11	-
6	Dwarka Sec-1	21	22
7	Nanhe Park	13	06
8	TC-Camp	09	-
9	Majnu Ka Tila	02	-
10	<b>AIRTC Special School</b>	09	05
	TOTAL	175	93

The psychometric assessment and therapy has brought about remarkable improvement in the lives of beneficiaries who are participating in this project.









# **02** AIRTC : ASRA SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)



In AIRTC, apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopedic Surgeon and customized, physiotherapy, occupational therapy, speech therapy and Prosthetics & Orthotics by qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments.

# During the reported quarter, 17 children with special needs attended ASRA Special school

SI. No.	Name of Student	Age/Gender	Types of Disability
1	Aarav	8/Male	Autism Spectrum Disorder with Intellectual Disability
2	Himansh	10/Male	Intellectual Disability
3	Mani	14/Male	Autism Spectrum Disorder with Intellectual Disability
4	Samarth	13/Male	Autism Spectrum Disorder
5	Avni	10/Female	Intellectual Disability
6	Kanak	8/Female	Autism Spectrum Disorder
7	Leehisha	13/Female	Cerebral Palsy with Intellectual Disability
8	Yuvraj	10/Male	Cerebral Palsy with Intellectual Disability
9	Rishabh	10/Male	Autism Spectrum Disorder
10	Arnav	10/Male	Intellectual Disability
11	Vaibhav	8/Male	Autism Spectrum Disorder with Intellectual Disability
12	Himanshu	8/Male	Intellectual Disability
13	Chhavi	6/Female	Autism Spectrum Disorder
14	Yuvaan	4/Male	Intellectual Disability
15	Amrit	8/Male	Cerebral Palsy
16	Samar Singh	7/Male	Autism Spectrum Disorder
17	Yuvraj	9/Male	Cerebral Palsy

# **NEW INITIATIVE | AIRTC SPECIAL SCHOOL**

# **Computer Learning:** Following students have started learning computer at AIRTC Special School:

SI. No.	Name of Student	Age/Gender	Types of Disability	
1	Himansh	11/Male	Intellectual Disability	
2	Leehisha	12/Female	Cerebral Palsy with Intellectual Disability	
3	Mani	14/Male	Autism Spectrum Disorder with Intellectual Disability	



Events celebrations & workshops conducted during the quarter:

SI. No.	Events & Workshops	Age Group	Date	Venue	Resource Person
1	Friendship Day	5 yrs -14 yrs	31-07-2024	AIRTC	Special Educators
2	Raksha Bandhan	5 yrs -14 yrs	16-08-2024	AIRTC	Special Educators
3	Independence Day	5 yrs -14 yrs	18-08-2024	ARTC	Special Educators
1	Janmashtami	5 yrs -14 yrs	24-08-2024	AIRTC	Special Educators
2	<b>Teachers Day</b>	5 yrs -14 yrs	05-09-2024	AIRTC	Special Educators
3	Hindi Diwas	5 yrs -14 yrs	14-09-2024	ARTC	Special Educators

Over 50 students & staff participated in these events.

# ASRA JANMASHTAMI CELEBRATION 2024











# ASRA INDEPENDENCE DAY 2024







# ASRA AIRTC TEACHER'S DAY 2024











# ASRA Raksha Bhandan 2024

# **03** MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



# **3.1 ASSESSMENT CLINIC**

Assessment clinic consists of Senior Orthopedic Surgeon who visits ASRA once a week since May 2022 and a team of experts/ professionals comprising of Physiotherapists, Occupational Therapist, Speech Therapist, Special Educators, Prosthetic & Orthotic Engineer & Psychologist etc.

After a thorough assessment is made, the patient is evaluated for specific treatment with specified duration. Later they are referred to the concerned department of ARTC or other hospitals and Rehab Centers for the needful treatment both from the surrounding areas and adopted communities.

#### Total Number of patients assessed during the quarter: 57

# **3.2 PHYSIOTHERAPY UNIT**

Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	208	13	65
Total Sessions	1138	30	168

## GLIMPSE OF DOOR-TO-DOOR PHYSIOTHERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES





# **03** MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



# **3.3 SPEECH THERAPY UNIT**

Following are the number of patients who visited Speech Therapy Unit during the quater under report:

	ARTC	AIRTC	CBR
Total Patients	151	57	188
Total Sessions	327	118	344

# **3.4 OCCUPATIONAL THERAPY UNIT**

Occupational Therapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following are the number of patients who visited Occupational Therapy Unit during the quater under report:

	ARTC	AIRTC	CBR
Total Patients	41	32	06
Total Sessions	187	88	51

## SOME GLIMPSES OF DOOR-TO-DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES









# ASRA runs following courses in Cutting & Tailoring at ARTC Head Office:

S. No.	Name of the Course	Course Duration	Recognised By
1	Cutting & Tailoring & Dress Making	1 Year	National Institute of
2	Dress Making	6 Months	Open Schooling (NIOS),
3	Cutting & Tailoring	6 Months	Government of India
4	Diploma in Fashion Designing	6 Months	ASRA
5	Diploma in Tailoring	6 Months	ASRA
6	Diploma in Dress Designing	6 Months	ASRA
7	Basic Diploma in Tailoring	6 Months	ASRA
8	Certificate Course in Tailoring	3 Months	ASRA
9	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	1 Months	ASRA
11	Certificate Course in Embroidery	3 Months	ASRA

No. of students enrolled	New admissions this quarter	Total no. of students
14	23	37







#### **Examinations held:**

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
August 2024	Cutting & Tailoring Course	30 <sup>th</sup> & 31 <sup>st</sup> July 2024	11	11





ASRA runs following vocational training courses in Beauty Culture:

S. No.	Name of the Course	Course Duration	Recognised By
1	Beauty Culture & Hair Care	6 Months	National Institute of Open Schooling (NIOS), Government of India
2	Basic Diploma in Beauty Culture	6 Months	ASRA
3	Self Course Beauty Culture	3 Months	ASRA
4	Hobby Course in Beauty Culture	1 Months	ASRA
5	Nail Extension Course	2 Months	ASRA

No. of students enrolled	New admissions this quarter	Total no. of students	
05	15	20	







#### **Examinations held:**

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
August 2024	Beauty Culture Course	30 <sup>th</sup> & 31 <sup>st</sup> July 2024	05	05

# **04 VOCATIONAL TRAININGS AT ARTC** Computer Training Course

While some of the computer courses being conducted are recognized by National Institute of Open cSchooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself.

## Details of courses run are as follows:

S. No.	Name of the Course	Course Duration	Recognised By	
1	'0' Level	1 Year	National Institute of Electronic Information Technology (NIELIT),	
2	Course on Computer Concept (CCC)	3 Months	Government of India	
3	Web Designing	3 Months	National Institute of	
4	Desktop Publishing	3 Months	Open Schooling (NIOS), Government of India	
5	Advance in Diploma in Computer Application	1 Year	ASRA	
6	Diploma in Computer Application	6 Months	ASRA	
7	Computer Typing	3 Months	ASRA	
8	Tally	3 Months	ASRA	
9	Advance Excel, Python, SQL, Networking & Information Security, DSA, in C++ & Busy	2-6 Months	ASRA	

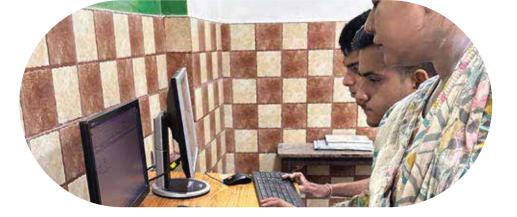
No. of students enrolled	New admissions this quarter	Total no. of students	
41	35	76	

## Examinations held:

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
August 2024	Basic, Tally & O Level	5 <sup>th</sup> & 6 <sup>th</sup> July 2024	33	30











## ASRA's Handicraft Emporium not only provides top-quality clothing and embroidery but also empowers our talented, differently-abled artisans to showcase their craft and earn a dignified income

**ASRA Handicraft Emporium** became functional in April' 2010. It has an experienced & qualified Master Tailor who is physically challenged & a Junior Tailor to assist him. The Emporium executes the orders of stitching & alterations of garments to meet in house & outsides needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, western to ethnic dresses etc. as per customer's demand at very nominal charges. It provides other facilities like **pico, overlock, hemming, machine embroidery etc.** It is also manufacturing best quality simple or designer fabric. The Emporium is an effort to promote **ASRA brand**.

Orders pending up to Orders booked from		Orders completed from	Orders pending up to
30 <sup>th</sup> June 2024 <sup>1st</sup> July 2024 to 30 <sup>th</sup> September 2024		1st July 2024 to 30th September 2024	30 <sup>th</sup> Sept 2024
11	185	177	



# **06** ACCOUNTS & ADMINISTRATION UNITS



# ACCOUNTS

- Internal Audit for the quarter April 2024 to June 2024 was conducted during the quarter under report by the Vikas Varshney and Associates CA firm.
- Statutory Audit for the FY 2023-2024 is under progress.

# **ADMINISTRATION**

- New recruitments of staff made during the quarter are as follows:
- 1. Dr. Pubali Agarwal, Head AIRTC
- 2. Mr. Abhay, Special Educator
- 3. Ms. Neha, Assistant Special Educator
- 4. Ms. Tithi Das, Physiotherapist, ARTC
- 5. Ms. Nisha, Physiotherapist, ARTC
- 6. Ms. Kashish, Occupational Therapist, ARTC
- 7. Mr. Aditya, Receptionist, ARTC
- 8. Mr. Subham, Computer Teacher, ARTC
- 9. Mr. Byomkesh Senapati, Head Admin & Programs
- 10. Ms. Riya, Computer Teacher, ARTC
- 11. Dr. Sunita Kumari, CBR Coordinator

## - Resignation received of staff during the quarter as follows:

- 1. Mr. Sanjay Singh Chauhan, Computer Teacher, ARTC due to personal reason.
- 2. Ms. Mariyam Shaikh, Computer Teacher, ARTC due to personal reason.
- 3. Ms. Kiran Rathi, Physiotherapist, ARTC due to personal health issue.
- Streamlining of administrative procedures as per ASRA Manuals, reorganizing, reviving and reforming
  programs for relevance is in progress.





#### COMPUTER COURSES

A beacen of support for young girls and beys, disabled or non-disabled, coming from weaker suble-aconomic segments of society. Since 1996, ASBA has offered Computer ourses approved by reputing government organisations such as NELLT and NIOS. The courses offered include CCC, 0-Level, web designing, destep publishing, DCA, etc. Our courses spans 16 92 months, covering a ringe of 11 akis and tools wesential for todays digital tandicase. The structured approach of six days of classes, access to a library, regular asignments and tests, certified informas, professionally qualified faculty, and post-course placement guidance ensumer a comprehensive learning algorithme.

#### TIMMINGS

Batch timings 9 a.m. to 5 p.m. (Monday to Friday) Run time: 2 hours a day





# ASRA SINCE













ACTION FOR SELF RELIANCE AND ALTERNATIVES



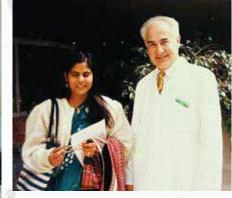




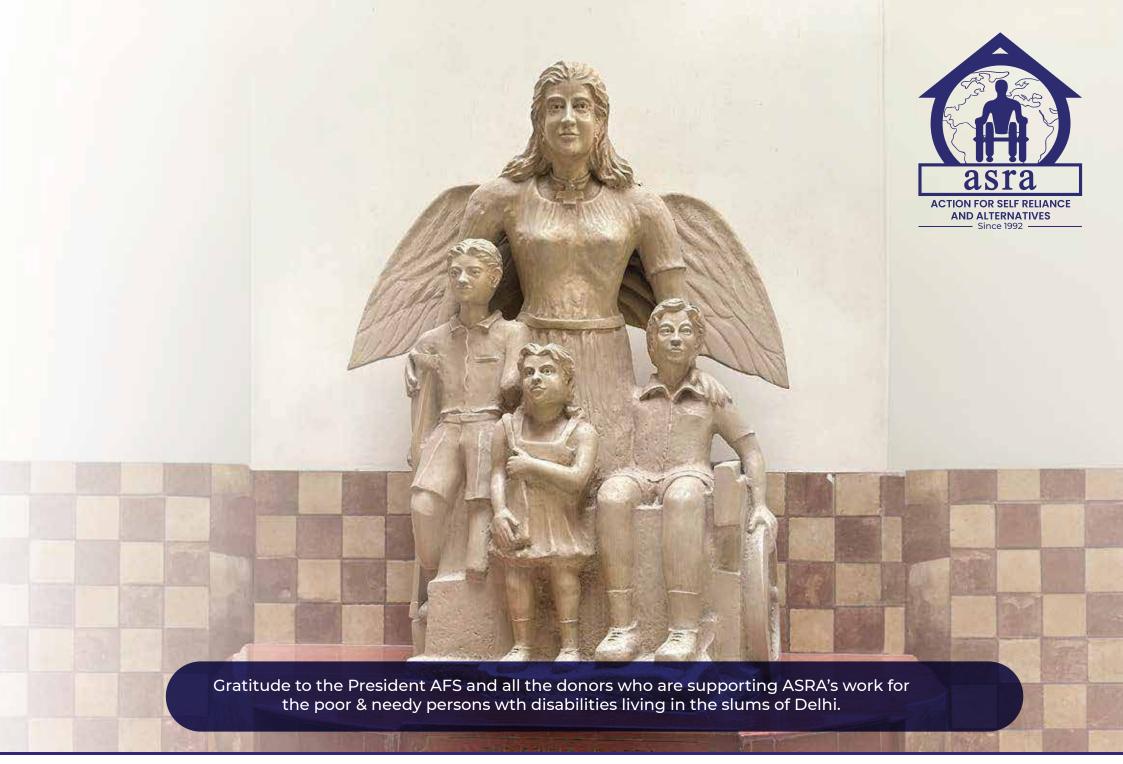




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