



**ACTION FOR SELF RELIANCE  
AND ALTERNATIVES**  
Since 1992



# ASRA NEWSLETTER APRIL-JUNE 2024

A Delhi based voluntary organization dedicated to empower persons with disabilities living in slums and marginalized segments of society fully supported by AFS

## SPECTRUM OF ASRA'S ACTIVITIES

### HIGHLIGHTS

- CBR Program
- AIRTC Special School
- ARTC- Head Office
- New Initiatives
- Donor's Visit

### Targets Set for 2024

## 01

### Community Based Rehabilitation

- 1.1 Education Program
- 1.2 Vocational Training Program in Mobile Repairing Course
- 1.3 Vocational Training Program in Computer course
- 1.4 Vocational Training Program in Cutting and Tailoring course
- 1.5 Social Mapping in CBR, AIRTC and ARTC
- 1.6 Seed Loan Program

## 02

### AIRTC Special School for children with special needs

## 03

### Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

- 3.1 Assessment Clinic
- 3.2 Physiotherapy Unit
- 3.3 Speech Therapy Unit
- 3.4 Occupational Therapy Unit

## 04

### Vocational Trainings at ARTC

- 4.1 Computer Training Course
- 4.2 Cutting and Tailoring Course
- 4.3 Beauty Culture Course

## 05

### Handicraft Emporium

## 06

### Psychometric Assessment & Psychotherapy

## 07

### Digitalisation Project

## 08

### Accounts & Administration Units





# SPECTRUM OF ASRA's ACTIVITIES



## Community Based Rehabilitation : CBR

1. Awareness creation about prevention of disabilities & need for intervention
2. Referral Services for PwDs : Social Mapping & Delivery of benefits
3. Online Apply for Government benefits
4. Skill Development Trainings
5. Computer Course at Pappankalan
6. Mobile Repairing Training course at Pappankalan & Shiv Vihar communities
7. Cutting and Tailoring course at Shiv Vihar, Dwarka sec-16 & Jwalapuri
8. Education
  - Shiv Vihar Education Centre
  - Pappankalan Centre
  - Jwala Puri Centre
  - Dwarka Sec-1 Centre
  - Nanhe Park Centre
  - Hoshiyarpur, NOIDA Centre
  - Dwarka Sec-16
9. Medical Intervention & Therapeutic services
  - Assessment by Orthopaedic Surgeon
  - Physiotherapy
  - Prosthetic & Orthotic Appliances
  - Speech Therapy
10. Seed Loan
11. Distribution of five kits Program

## ASRA Intervention, Recreation and Therapy Centre : AIRTC

1. Special Education
2. Music Therapy
3. Dance Therapy
4. Art & Craft Activities
5. Medical Intervention & Therapeutic Services
  - Assessment by Orthopaedic Surgeon
  - Physiotherapy
  - Occupational Therapy
  - Speech Therapy
  - Prosthetic & Orthotic Appliances
6. Activity of Daily Living (ADL)
7. Sensory Integration Unit (SIU)
8. Distribution of five kits Program
9. Online Apply for Government benefits

## NEW INITIATIVE 1

Psychometric Assessment & Psychotherapy Project for children of AIRTC Special School & Children with Disabilities living in the adopted slum communities of Delhi

## ASRA Rehabilitation and Training Centre : ARTC

1. Medical Intervention & Therapeutic services
  - Assessment by Orthopaedic Surgeon
  - Physiotherapy Unit
  - Speech Therapy Unit
  - Prosthetic & Orthotic Appliances Workshop
2. Skill Development Trainings
  - Computer training courses
  - Tailoring courses
  - Fashion Designing course
  - Beauty Culture course
  - Short Term Trainings
3. Haat
4. Handicraft Emporium

## NEW INITIATIVE 2

ASRA Digitalization Project

# HIGHLIGHTS



## Community based Rehabilitation Program

- ASRA CBR Team applied online applications to avail government facilities for 29 CwDs / PwDs.
- Micro Credit Loan under Seed Loan program was given to one beneficiary living in ASRA's adopted slum community during the quarter under report.

## AIRTC Special School

- Implementation of New Collaborative Project on : Mental Health
- Summer Camp was organised from 3rd to 6th June 2024 for children of AIRTC. Total 7 children participated in the Summer Camp

## ARTC

- Final Examinations of students registered under Vocational trainings were conducted as follows-

Title of Vocational Training	No. of Students	Result %
Computer Course	10	70%



## NEW INITIATIVES

Implementation of New Project entitled **Psychometric Assessment & Psychotherapy** to CwD/PwDs in AIRTC and ASRA's adopted slum communities.  
**Digitalization** of activities of ASRA, Dalmill Road, Uttam Nagar, New Delhi



## Donor's Visit

AFS president & Team visited ASRA on 4th, 5th & 6th June, 2024. The delegates were welcomed by the Founder, President, ASRA, India and the team. During the visit, honorable dignitaries visited Pappankalan slum community and interacted with the ASRA teachers, trainers, medical practitioners and board member of ASRA, India & beneficiaries. Cultural program 'Panorama 2024' which was presented by the students of AIRTC & students of vocational trainings was organised for their welcome. Gifts were distributed by the dignitaries to the students who participated in the cultural program.



# TARGETS SET FOR 2024



As per ASRA Vision 2024, the progress of work during the quarter was as follows:

ASRA Rehabilitation & Training Centre	April 2024		May 2024		June 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
Registration of New Patients in Assessment	32	07	32	23	32	22
New Registration of OPD Patients in Physiotherapy	22	20	22	31	22	30
Actual Sessions of Physiotherapy	350	104	350	317	350	248
New Registration of OPD Patients in Speech Therapy	04	02	04	06	04	02
Actual Sessions of Speech Therapy	96	10	96	110	96	142
Assessment of New Patients in P&O	12	NIL	12	NIL	12	NIL
New registration of PwDs for Occupational Therapy	03	01	03	NIL	03	02
New Enrollments in Cutting & Tailoring Course	10	08	10	05	10	02
Workshops/Celebrations in Cutting & Tailoring Course	05	NIL	03	NIL	02	NIL
New Enrollments in Beauty Culture Course	05	06	05	NIL	06	01
Workshops/Celebrations in Beauty Culture Course	NIL	NIL	NIL	NIL	01	NIL
New Enrollments in Computer Course	35	16	29	27	20	NIL
Workshops/Celebrations in Computer Course	02	NIL	02	NIL	04	NIL
Target Set for Customers' Orders in Emporium	55	42	55	59	55	72

# TARGETS SET FOR 2024



AIRTC Special School	April 2024		May 2024		June 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
Enrollment of New Students	03	NIL	04	02	03	NIL
Counselling of Parents	04	NIL	04	NIL	04	NIL
Workshops/Celebrations	01	NIL	01	NIL	01	01
New registration of PwDs for Physiotherapy	01	NIL	01	NIL	01	NIL
New registration of PwDs for Speech Therapy	01	NIL	01	NIL	01	NIL
Sessions of Speech Therapy	100	34	100	41	100	11
New registration of PwDs for Occupational Therapy	01	NIL	01	01	01	NIL

Community Based Rehabilitation	April 2024		May 2024		June 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
Opening of New Education Centres	01	NIL	NIL	NIL	01	NIL
Opening of New Vocational Training Centres	01	NIL	NIL	NIL	01	NIL
New registration of PwDs for Physiotherapy	03	NIL	03	NIL	04	NIL
New registration of PwDs for Speech Therapy	01	01	01	08	01	05
Sessions of Speech Therapy	20	48	20	90	20	113
Seed Loan (Micro Credit Scheme)	01	NIL	NIL	NIL	NIL	01
Online apply for Govt. facilities	40	05	40	11	40	13
Kits Distribution to CwDs	NIL	NIL	NIL	NIL	NIL	NIL

Since the focus of ASRA was more on quality of performance of students and centres, the number is less. However, efforts are being made to meet the minimum criteria of quality and quantity.



# 01 COMMUNITY BASED REHABILITATION

## 1.1 Educational Program



54 children including 7 CwDs at Shiv Vihar education centre, 13 children including 3 CwDs at Pappankalan education centre, 26 children including 1 CwD at Hoshiyarpur village NOIDA, 30 children including 1 CwDs at Jwala Puri education centre, 30 children including 3 CwDs at Nanhe Park education centre, 14 children including 5 CwDs at Dwarka Sec-1, 32 children including 1 CwDs at Dwarka Sec-16 education centre, have been enrolled during the quarter under report.



# 01 COMMUNITY BASED REHABILITATION

## 1.1 Educational Program



Students' strength in Education Centers in adopted communities during the quarter under report:

	Students Details	Total Students on 1st day of quarter	Nursery Education	Non-formal Education	Remedial Education	New Admissions	Total students in the month of	Drop-out	Total Students on last day of the quarter
APRIL 2024	Shiv Vihar	50	09	06	35	-	50	-	50 (including 7 CwDs)
	Pappan Kalan	07	03	01	03	-	07	07	NIL
	Jwala Puri	30	01	02	27	-	30	-	30 (including 1 CwD)
	Hoshiyarpur Village, Noida	18	08	05	05	-	18	16	02
	Dwarka Sector-1	14	01	01	12	-	14	-	14 (including 5 CwDs)
	Nanhe Park	30	03	05	22	-	30	-	30 (including 3 CwDs)
	Dwarka Sector-16	32	-	01	31	-	32	-	32 (including 1 CwD)
MAY 2024	Shiv Vihar	50	09	06	35	04	54	07	47 (including 7 CwDs)
	Pappan Kalan	07	04	01	02	-	07	07	NIL
	Jwala Puri	30	01	02	27	-	30	-	30 (including 1 CwDs)
	Hoshiyarpur Village, Noida	02	01	03	04	06	08	-	08
	Dwarka Sector-1	14	01	01	12	-	14	-	14 (including 5 CwDs)
	Nanhe Park	30	03	05	22	-	30	-	30 (including 3 CwDs)
	Dwarka Sector-16	32	06	-	26	-	32	13	19 (including 1 CwD)
JUNE 2024	Shiv Vihar	47	05	03	39	-	42	05	42 (including 7 CwDs)
	Pappan Kalan	-	01	02	10	13	13	-	13 (including 3 CwDs)
	Jwala Puri	30	01	02	27	-	30	-	30 (including 1 CwD)
	Hoshiyarpur Village, Noida	08	02	03	05	02	10	-	10 (including 1 CwD)
	Dwarka Sector-1	14	01	01	12	-	14	-	14 (including 5 CwDs)
	Nanhe Park	30	03	05	22	-	30	-	30 (including 3 CwDs)
	Dwarka Sector-16	19	-	-	19	-	19	01	18

# 01 COMMUNITY BASED REHABILITATION



## 1.2 Vocational Training Program in Mobile Repairing Course

Under the **Mobile repairing course**, new needy students from lower economic strata were enrolled in Shiv Vihar community during the quarter under report. Regular classes are being conducted, 6 students have been enrolled in the course & training is in progress.

Students Details	APRIL 2024	MAY 2024	JUNE 2024
Total students on 1st day of the quarter	-	-	06
New admissions	-	06	-
Total students in the month of	-	06	06
Drop-out	-	-	-
Course completed	-	-	-
Total students on last day of the quarter	-	06	06

## 1.4 Vocational Training Program in Cutting and Tailoring Course

Under the **Mobile repairing course**, new needy students from lower economic strata were enrolled in Shiv Vihar community during the quarter under report. Regular classes are being conducted, 6 students have been enrolled in the course & training is in progress.

Students Details	APRIL 2024		MAY 2024		JUNE 2024	
	Shiv Vihar	Jawalapuri	Shiv Vihar	Jawalapuri	Shiv Vihar	Jawalapuri
Total students on 1st day of the quarter	04	11	04	11	08	06
New admissions	-	-	04	-	05	-
Total students in the month of	04	11	08	11	13	06
Drop-out	-	-	-	05	-	-
Course completed	-	-	-	-	-	-
Total students on last day of the quarter	04	11	08	06	13	06

## 1.3 Vocational Training Program in Computer Course

Computer Training Course is conducted at CBR Project Office in Pappankalan community. In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total 11 students have been enrolled during the quarter under report

Students Details	APRIL 2024	MAY 2024	JUNE 2024
Total students on 1st day of the quarter	-	07	11
New admissions	07	04	-
Total students in the month of	07	11	11
Drop-out	-	-	02
Course completed	-	-	-
Total students on last day of the quarter	07	11	09



# 01 COMMUNITY BASED REHABILITATION

## 1.5 Social Mapping in CBR, AIRTC and ARTC



Social Mapping of children/persons with disabilities in CBR, AIRTC Special School & ARTC is being done with an objective to do their socio-economic assessment eventually leads towards inclusion. Simultaneously, online applications were continuously filled by ASRA CBR Team, for those, who were uneducated, or ignorant of how to apply through online process to avail Government facilities.

S. No	Name of CwD	Age/Gender	Type of Disability	Community	Service Applied for	Applied by	Applied on
01	Laxmi	48/F	Orthopedically Handicapped	Pappan Kalan	E-Ticket Card	Asha	18-04-24
02	Ragni Devi	41/F	Orthopedically Handicapped	Pappan Kalan	E-Ticket Card	Asha	20-04-24
03	Pushpa	28/F	Orthopedically Handicapped	Shiv Vihar	E-Ticket Card	Asha	24-04-24
04	OC Aahmed	27/M	Intellectual Disability	Pappan Kalan	E-Ticket Card	Asha	29-04-24
05	Aaryan	08/M	Intellectual Disability	TC Camp	UDID	Asha	29-04-24
06	Ravi Lohiya	47/M	Orthopedically Handicapped	Pappan Kalan	DC+UDID	Asha	01-05-24
07	Reshmi	05/F	Multiple Disability	Dwarka Sec-16	DC+UDID	Asha	01-05-24
08	Soniya	23/F	Speech & Hearing Impairment	Pappan Kalan	DC+UDID	Asha	08-05-24
09	Aaradhya	07/F	Speech & Hearing Impairment	Dwarka Sec-1	E-Ticket Card	Asha	08-05-24
10	Sameer Gola	19/M	Orthopedically Handicapped	Pappan Kalan	E-Ticket Card	Asha	10-05-24
11	Heena	28/F	Orthopedically Handicapped	Pappan Kalan	E-Ticket Card	Asha	17-05-24
12	Kunal	09/M	Orthopedically Handicapped	Dwarka Sec-1	DC+UDID	Asha	24-05-24
13	Shiv Kumar Sani	32/M	Intellectual Disability	Shiv Vihar	E-Ticket Card	Asha	28-05-24
14	Koushender	29/M	Orthopedically Handicapped	Pappan Kalan	UDID	Asha	29-05-24
15	Md. Tabish	15/M	Intellectual Disability	Bharat Vihar	DC+UDID	Asha	29-05-24
16	Mayank Panday	03/M	Multiple Disability	Dwarka Sec-1	DC+UDID	Asha	30-05-24
17	Umesh	26/M	Orthopedically Handicapped	Nanhe Park	UDID	Asha	03-06-24
18	Aaradhya	07/F	Speech & Hearing Impairment	Dwarka Sec-1	Disability Pension	Asha	05-06-24
19	Ranjeet	42/M	Orthopedically Handicapped	Nanhe Park	UDID	Asha	08-06-24
20	Bhagyashree	20/F	Orthopedically Handicapped	Nanhe Park	UDID	Asha	11-06-24
21	Mahboob	13/M	Multiple Disability	Nanhe Park	Disability Pension	Asha	13-06-24
22	Sarvagya	10/M	Intellectual Disability	Dwarka Sec-1	Disability Pension	Asha	15-06-24
23	Rakhi Kumari	26/F	Orthopedically Handicapped	Pappan Kalan	DC+UDID	Asha	17-06-24
24	Yanshu	15/M	Speech & Hearing Impairment	Pappan Kalan	UDID	Asha	17-06-24
25	Bobby	22/M	Speech & Hearing Impairment	Dwarka sec-1	E-Ticket Card	Asha	17-06-24
26	Rehan Khan	19/M	Intellectual Disability	Pappan Kalan	E-Ticket Card	Asha	19-06-24
27	Rihansh	10/M	Intellectual Disability	Uttam Nagar	DC+UDID	Asha	21-06-24
28	Ankit Kumar	24/M	Intellectual Disability	Uttam Nagar	DC+UDID	Asha	22-06-24
29	Shlok	05/M	Intellectual Disability	Pappan Kalan	DC+UDID	Asha	24-06-24

**DC-** Disability Certificate, **UDID-** Unique Disability Identity Card, **PwD-** Persons with Disabilities, **CwD-** Children with Disabilities

# 01 COMMUNITY BASED REHABILITATION

## 1.6 Seed Loan Program



The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income.

During the quarter under report, one PwD beneficiary, namely, Ms. Bhagyashree, 21 years of age having physical disability, from Nanhe Park community was provided Seed Loan to purchased raw material for stitching of cloths for her petty boutique shop located in the community. The total number of beneficiaries under Seed Loan program is now 143.

# 02 AIRTC SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

## ASRA Intervention, Recreation and Therapy Centre (AIRTC)



In AIRTC, apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopaedic Surgeon and customized, physiotherapy, speech therapy and Prosthetics & Orthotics by ASRA's qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments. Following is the gender wise and community area wise classification of children enrolled in AIRTC during the quarter under report:

S.No	MONTH	Total Students Registered				TOTAL
		Old		New		
		Male	Female	Male	Female	
01	April 2024	10	04	-	-	14
	Migrated/ Dropout Students	01	-	-	-	01
02	May 2024	09	04	01	01	15
	Migrated/ Dropout Students	-	01	-	-	01
03	June 2024	10	04	-	-	14
	Migrated/ Dropout Students	-	-	-	-	-
Total no. of students as on 31st March 2024		10	04	-	-	14

COMMUNITIES/ NON-COMMUNITIES			
AIRTC			
Community		Community	
Male	Female	Male	Female
02	01	08	03
01	-	-	-
01	01	09	04
01	-	-	-
01	-	09	04
-	-	-	-
01	-	09	04

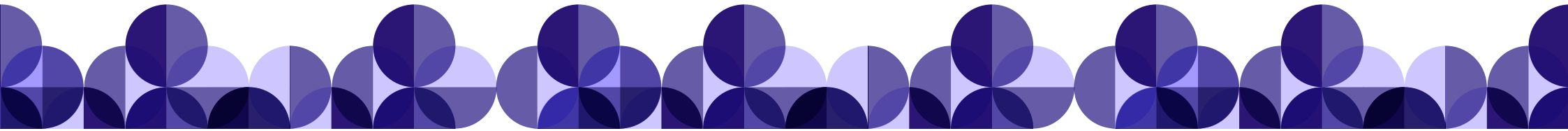
### Disability wise / Diagnosis wise number of students in AIRTC during the quarter under report

Neurological		Pediatric	
Diagnosis	No. of Students	Diagnosis	No. of Students
Down syndrome	06	Cerebral palsy	03
Intellectual developmental disability	15	Attention Deficit Hyper Active Disorder	11
Global Development Delay (GDD)	-	Hearing impairment	04
<b>TOTAL</b>	<b>21</b>		<b>19</b>

### CLASS-WISE STUDENTS:

S. No.	Month	Primary 1	Primary 2
01	April 24	07	07
02	May 24	08	07
03	June 24	07	07

During the quarter under report, AIRTC Special School remained closed from 20th May 2024 to 30th June 2024 on account of Summer Vacations.





# 03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



## 3.1 Assessment Clinic

Assessment clinic consists of Senior Orthopedic Surgeon who visits ASRA once a week since May 2022 and a team of experts / professionals comprising of Physiotherapist, Speech Therapists, Special Educators and Prosthetic & Orthotic Engineer. After a thorough assessment is made, the patient is evaluated for specific treatment with specified duration and referred to the concerned departments of ARTC and other Hospitals and Rehab Centers for the needful. Patients are visiting ARTC both from the surrounding areas and adopted communities.



Number of patients assessed during the quarter under report:

MONTH	Orthopedic Surgeon						Total no. of patient visits	
	ARTC		AIRTC		CBR		New	Old
	New	Old	New	Old	New	Old		
April 2024	07	07	-	-	-	-	07	07
May 2024	23	11	-	-	-	-	23	11
June 2024	22	06	-	-	-	-	22	06
<b>TOTAL</b>	<b>52</b>	<b>24</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>52</b>	<b>24</b>

# 03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



## 3.2 Physiotherapy Unit

Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

### ARTC PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	01	23	10	10	104
02	May 2024	10	10	06	25	317
03	June 2024	06	39	09	21	248
<b>GRAND TOTAL</b>		<b>17</b>	<b>72</b>	<b>25</b>	<b>56</b>	<b>669</b>

### AIRTC PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	02	02	-	-	06
02	May 2024	02	02	-	-	01
03	June 2024	02	02	-	-	03
<b>GRAND TOTAL</b>		<b>06</b>	<b>06</b>	<b>-</b>	<b>-</b>	<b>10</b>

Orthopedic		Neurological		Pediatric	
Diagnosis	No. of Patients	Diagnosis	No. of Patients	Diagnosis	No. of Patients
CS (Neck Pain)	14	CVA/Hemiplegia	02	Cerebral palsy	04
LS (Back Pain)	10	Spinal cord Injury	-	Developmental Delay	-
Arthritis & Degenerative (OA/RA/PA/AS))	33	Miscellaneous	01	Pervasive Develop Disorders (PDD)	-
Fracture/Nerve Injuries	08	Other	07	Polio	-
PPRP	-	-	-	Hemiparesis	01
Amputation	-	-	-	Deformity	-
<b>TOTAL</b>	<b>65</b>	<b>TOTAL</b>	<b>10</b>	<b>TOTAL</b>	

Disability wise / Diagnosis wise number of students in AIRTC during the quarter under report

# 03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



## 3.3 Speech Therapy Unit

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

### ARTC-OPD PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	23	08	02	-	10
02	May 2024	25	08	05	01	45
03	June 2024	30	09	02	-	142
GRAND TOTAL		78	25	09	01	197

### CBR PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	23	18	-	01	48
02	May 2024	23	19	06	02	90
03	June 2024	29	21	04	01	113
GRAND TOTAL		75	58	10	04	251

### AIRTC PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	11	04	-	-	34
02	May 2024	11	04	-	-	41
03	June 2024	11	04	-	-	11
GRAND TOTAL		33	12	-	-	86

# 03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



## 3.3 Speech Therapy Unit

SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES





# 03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC



## 3.4 Occupational Therapy Unit

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

### ARTC-OPD PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	08	-	-	-	37
02	May 2024	04	02	03	-	77
03	June 2024	07	01	02	-	110
GRAND TOTAL		19	03	05	-	224

### CBR PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	01	-	01	-	10
02	May 2024	02	01	-	-	26
03	June 2024	02	01	-	-	25
GRAND TOTAL		05	02	01	-	61

### AIRTC PATIENTS

S. No.	MONTH	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
01	April 2024	03	02	-	-	21
02	May 2024	05	03	01	-	25
03	June 2024	01	02	-	-	07
GRAND TOTAL		09	07	01	-	53

# 04 VOCATIONAL TRAININGS AT ARTC



## 4.1 Computer Training Course

While some of the computer courses being conducted are recognized by National Institute of Open Schooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself report-

Details of courses run are as follows-

S. No.	Name of the course	Duration of the course	Recognised by
01	'O' Level	1 Year	National Institute of Electronic Information Technology (NIELIT), Government of India
02	Course on Computer Concept (CCC)	3 Months	
03	Web Designing	3 Months	National Institute of Open Schooling (NIOS), Government of India
04	Desktop Publishing	3 Months	
05	Advance in Diploma in Computer Application	1 Year	ASRA
06	Diploma in Computer Application	6 Months	ASRA
07	Computer Typing	3 Months	ASRA
08	Tally	3 Months	ASRA

The details of students who have undergone training in Computer courses during the quarter under report are as follows-

Already enrolled no. of students- 15

New admissions during the quarter- 43

Total No. of students- 58

Details of courses run are as follows-

Month	Students with Disabilities	Non-Disabled students	Total students
April 2024	-	31	31
May 2024	-	51	51
June 2024	-	43	43
Total students during quarter under report	-	125	125

### Examinations-

Month	Course Name	Date	No. of Students appeared
June 2024	Basic, DCA, Tally & 'O' Level	4th & 5th June 2024	10

# 04 VOCATIONAL TRAININGS AT ARTC



## 4.1 Computer Training Course



# 04 VOCATIONAL TRAININGS AT ARTC



## 4.2 Cutting & Tailoring Course

ASRA runs following vocational training courses in Cutting & Tailoring at ARTC Head Office-

S. No.	Name of the course	Duration of the course	Recognised by
01	Cutting & Tailoring & Dress Making	1 Year	National Institute of Open Schooling (NIOS), Government of India
02	Dress Making	6 Months	
03	Cutting & Tailoring	6 Months	
04	Diploma in Fashion Designing	6 Months	ASRA
05	Diploma in Tailoring	6 Months	ASRA
06	Diploma in Dress Designing	6 Months	ASRA
07	Basic Diploma in Tailoring	6 Months	ASRA
08	Certificate Course in Tailoring	6 Months	ASRA
09	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	3 Months	ASRA
11	Certificate course in Embroidery	3 Months	ASRA



Status of students during the quarter under report-

Month	Total number of students
April 2024	16
May 2024	19
June 2024	20
Total students during quarter under report	55

The details of students who have undergone training in Vocational training courses in cutting and tailoring during the quarter under report are as follows-  
 Already enrolled no. of students- 08  
 New admissions during the quarter- 15  
 Total No. of students- 23



# 04 VOCATIONAL TRAININGS AT ARTC



## 4.3 Beauty Culture Course



**ASRA runs following vocational training courses in Beauty Culture at ARTC Head Office-**

S. No.	Name of the course	Duration of the course	Recognised by
01	Beauty Culture & Hare Care	6 Months	National Institute of Open Schooling (NIOS), Government of India
02	Basic Diploma in Beauty Culture	6 Months	ASRA
03	Self Course Beauty Culture	3 Months	ASRA
04	Hobby Course in Beauty Culture	1 Months	ASRA

The details of students who have undergone training in Vocational training courses in Beauty Culture course during the quarter under report are as follows-

**Already enrolled no. of students- 03**

**New admissions during the quarter- 07**

**Total No. of students- 10**

**Status of students during the quarter under report-**

Month	Total number of students
April 2024	09
May 2024	08
June 2024	09
<b>Total students during quarter under report</b>	<b>26</b>

# 05 HANDICRAFT EMPORIUM



It became functional in April'2010. It has an experienced & qualified Master Tailor who is a physically challenged & a Junior Tailor to assist him. The Emporium executes the orders of stitching & alterations of garments to meet in house & outside needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, western to ethnic dresses etc. as per customer's demand at very nominal charges. It provides other facilities like pico, overlock, hemming, machine embroidery etc. It is also manufacturing best quality simple or designer fabric masks. The Emporium is an effort to promote ASRA brand



Orders pending up to 31st March 24	Orders booked from 15th April 24 to 30th June 24	Orders completed from 15th April 24 to 30th June 24	Orders pending up to 30th June 24
NIL	173	162	11



# 06 PSYCHOMETRIC ASSESSMENT & PSYCHOTHERAPY



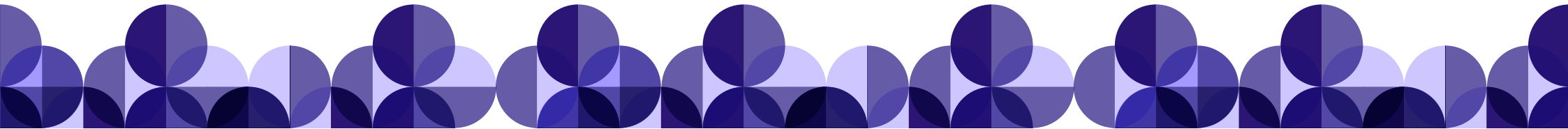
Quarterly Report for the quarter April 2024 to June 2024 MENTAL HEALTH PROJECT

During the quarter under report following are the details of each step initiated :

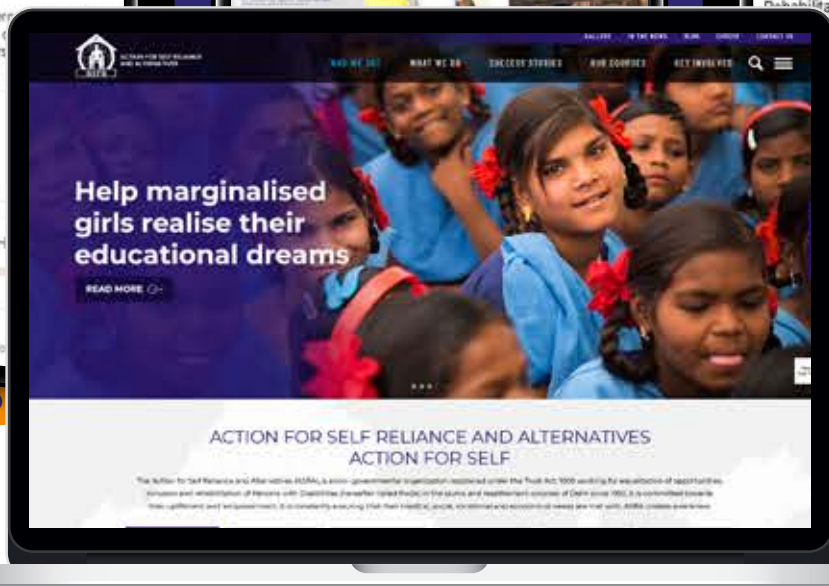
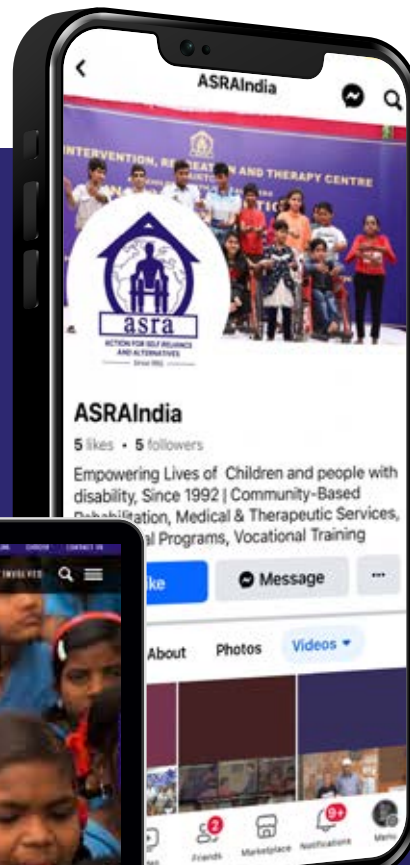
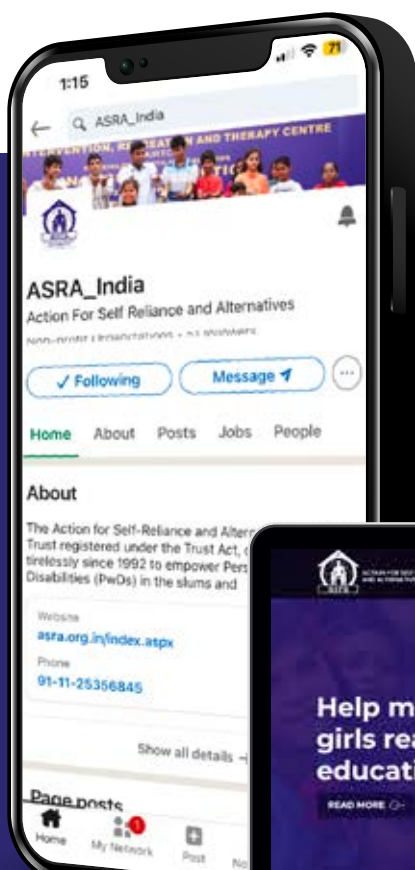
Total communities covered under the project	Pappankalan, Shiv Vihar, Dwarka, Nanhepark (4)
Total Screening Done	99
Total Assessment Done	38
Total Parental Counseling Done	33
Total Parental Training Done	30
Total Students Introduced to Vocational Training from PPK	14
Total Psychotherapies Initiated	03

Details of total lives touched of beneficiaries in each community is as follows

Community Based Rehabilitation	Number of students
PPK	45
Nanhepark	11
Dwarka	19
Shiv vihar	12
AIRTC	12
<b>TOTAL</b>	<b>99</b>



# 07 DIGITALISATION OF ASRA



## WE ARE GOING LIVE!



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# 08 ACCOUNTS & ADMINISTRATION UNITS



## ACCOUNTS

- Routine functions of Accounts unit were carried out during the quarter under report January 2024 to March 2024.
- Internal Audit of ASRA for the period October 2023 to December 2023 was conducted by the Vikas Varshney and Associates CA firm during the quarter under report.

## ADMINISTRATION

- New recruitments of staff were made during the quarter as follows:  
**Ms. Sushmita, Receptionist, ARTC**
- Resignation was received of staff during the quarter as follows:  
**Ms. Komal, Special Educator, AIRTC due to getting married.**  
**Ms. Neha, Special Educator, AIRTC due to getting married.**  
**Ms. Anjali Grover, Receptionist, ARTC due to personal health issue.**
- Streamlining of administrative procedures was carried out as per ASRA Manuals.
- Administrative procedures are being streamlined.

**ऐवशन फॉर सेल्फ रिलायन्स एण्ड ऑल्टरनेटिव्स (आसरा)**  
 (विकलांग वन्युतों के कल्याण हेतु समर्पित संस्था)

मुख्य गतिविधियाँ :-

- **भौतिक** :- • फिजियोथेरेपी • व्यावसायिक शिक्षण • स्वीम थेरेपी • कृषि जंग एवं सहायक उपकरण
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- **पराजर्ज** :- • विकलांगता प्रमाण पत्र • डेल पत्र • बस पत्र • पहचान पत्र • वैश्व हस्ताक्षर से सम्बन्धित जानकारी

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Gratitude to the President AFS and all the donors who are supporting ASRA's work for the poor & needy persons with disabilities living in the slums of Delhi.

